

Waterside Press, Hampshire

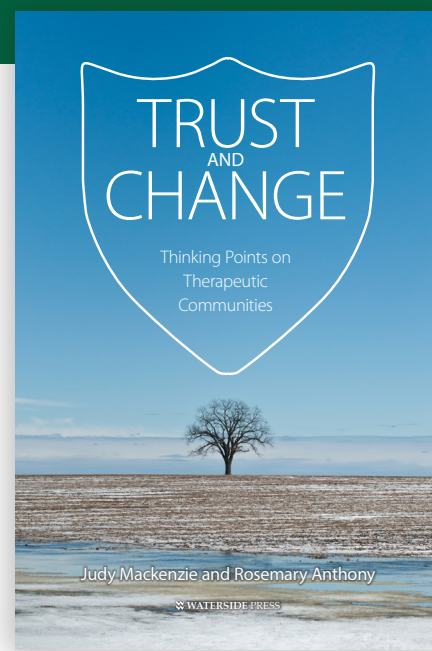
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Advance Information

Title	Trust and Change	
Subtitle	Thinking Points on Therapeutic Communities	
Authors	Judy Mackenzie and Rosemary Anthony	
Publisher	Waterside Press Ltd	
Format	Paperback 234x156mm, 156 pages	
ISBN	978-1-909976-58-0	
Price	£16.50	Rights Worldwide
Publication	26 Sept 2018	Edition 1st
Category	Prisons, therapy (therapeutic communities), psychology	
Subjects	JKVP1=Prisons; MMZ=Therapy and therapeutics	
Who will buy it?	Therapists, psychologists, counsellors, prisons, prison officers, members of therapeutic communities, probation officers, colleges, researchers, students and libraries.	



Trust and Change explains the democratic basis of therapeutic communities (TCs) and what exactly happens in community meetings including those in prison. It deals with commonly asked questions about TCs and describes their four basic pillars: democratisation, tolerance, communality and reality confrontation as well as the 'no secrets' principle (commonly referred to as a footstool). It examines the need to create a culture of enquiry and ways of avoiding trauma and other risks. It shows how TCs integrate with normal prison regimes and locations and the arrangements for record keeping and auditing. Throughout, the book contains 'Thinking Points' and gives examples of typical structures and schedules together with the aims, purposes and rationale of key aspects of TC work.

Key Selling Points

- Explains TC work in basic, straightforward terms.
- Deals with problems, pitfalls and possibilities of encouraging engagement in a TC.
- Includes educational anecdotes in an easy-to-read format.
- For newcomers and seasoned TC workers alike.

Reviews

'A wonderful helpful book that beautifully encapsulates the work of a TC'— *Jinnie Jefferies, Founder, London Centre of Psychodrama and senior trainer in NHS and Prison TCs.*

'Speaks directly to some of the real confusions and dilemmas faced by the staff member in a TC ... offers good advice ... enlivened and illustrated by examples ... I recommend it'— *Barbara Rawlings.*

Authors

Judy Mackenzie is a psychiatrist and psychotherapist who has spent her working life in TCs, both in prisons and the NHS. She has worked in and latterly managed over eleven TCs and acted as a TC consultant, trainer and supervisor.

Rosemary Anthony was a probation officer and worked in the community for several years and later at Grendon Prison, the ground breaking UK therapeutic whole prison.

Their combined experience spans sixty years.



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