

Waterside Press, Hampshire

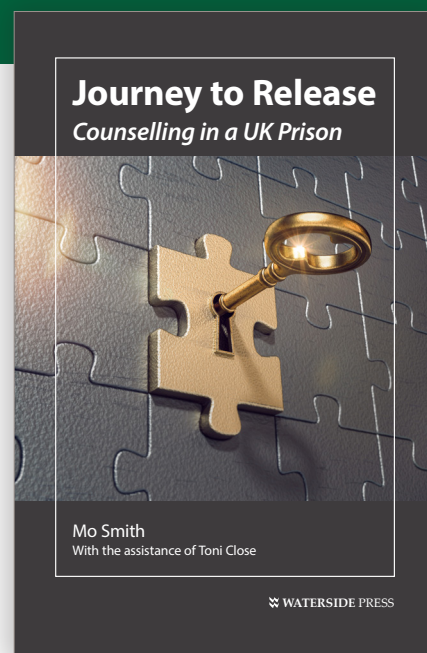
Distributed By Gardners Books Ltd., 1 Whittle Drive, Eastbourne, BN23 6QH. Tel: (01323) 521555

Publisher address Sherfield Gables, Sherfield-on-Loddon, Hook, Hampshire, RG27 0JG, United Kingdom.

Tel +44 (0)1256 882250, Fax +44 (0)1256 883987, enquiries@watersidepress.co.uk, WatersidePress.co.uk

Advance Information

Title Journey to Release
Subtitle Counselling in a UK Prison
Authors Mo Smith with Toni Close
Publisher Waterside Press
Format Paperback 198x129mm, 150 pages
ISBN 978-1-909976-49-8
Price £14.95 **Rights** Worldwide
Publication 6 Sept 2017 **Edition** 1st
Category Counselling; Prisons; Social Work
Subjects JKSN2=Counselling and advice services; JKVP1=Prisons
Who will buy it? Counsellors, would be volunteers, prisons, prison officers, probation officers and reform groups as well as colleges, researchers, students and libraries.



Journey to Release is an account of Mo Smith's extensive experience counselling and co-ordinating a counselling service inside 'HM Prison X'. The book gives a history of the service and looks at what is involved in a project of this kind, making it a 'must' for prison professionals and volunteers everywhere.

It also provides an insight into the running of an 'embedded' prison counselling service and the clients who use it. A first-hand account, it will be of considerable interest to anyone wishing to learn about the subject, whether as an individual, prison professional, volunteer/potential volunteer, or counselling organizer/provider (including from external agencies).

Once a prisoner is released from HMP X there is no further contact so the authors emphasise the importance of counselling that survives the prison setting and thus helps to reduce crime in the future. The book will also be of interest to counsellors and volunteers in a range of other settings in the UK and beyond. Based on practical experience, it focuses wholly on counselling as such (rather, e.g. than psychology/mental health-led aspects, intervention, assessment).

Reviews

'The Counselling Service at HMP X was something I was very proud of while I was Governor. This book tells you all about it' — Michael Wood, Former Governor.

'A hugely informative work' — Neil Thomas, Prison Governor.

Key Selling Points

- **An invaluable explanation of the 'nuts and bolts' of counselling in prison.**
- **Examines the challenges facing counsellors working with incarcerated clients.**
- **Includes disguised prisoner histories.**
- **Attractive easy-to-read format.**
- **With contributions from Governors, other staff, counsellors and clients.**

Authors

Mo Smith FCiPN, Registered Member MBACP (Snr Accred), Cert Ed, Dip Coun, Dip Sup, Dip CBT, Dip Ber has 20 years' experience organizing, driving and running a prison counselling service. Toni Close, MSC Occupational Psychology, BSC Psychology, PGCE (Further Education) helped Mo to write it.



Bertrams



WATERSIDE PRESS
Putting justice into words